CMS.gov for Medicare & Medicaid Services

In March 2014, the Centers for Medicare and Medicaid Services (CMS) published a final rule regarding changes to Home and Community-Based Waiver Services (HCBS). The rule will help people get the services they need in truly integrated settings. You can read more about this rule by going online to:

www.gpo.gov/fdsys/pkg/FR-2014-01-16/pdf/2014-00487.pdf

Take the HCBS **Participant Survey Online**

https://www.surveymonkey.com/s/ DMH DD HCBS participant survey 2015 If you want to learn more about

Missouri's Home Based and **Community Support**

Transition Plan

visit the DMH website by going to: http://dmh.mo.gov/dd/hcbs.html

Improving lives THROUGH supports and services THAT FOSTER self-determination.



Fostering Self-determination

AISSOURI DIVISION (DEVELOPMENTAL

ISABILITIES



Supporting Families







Developing Accessible Housing

Promoting Employment First





Got Choice! Home and **Community Based Supports Rule**



Facilitating Individualized Services and Supports

Improving lives THROUGH supports and services THAT FOSTER self-determination.



Fostering Self-determination

The final rule includes six standards that all home and communitybased services need to meet:

1) Integrated into the Community

- You live, work and do things in a neighborhood which includes people without disabilities.
- You work with people without disabilities in a job in your community.
- You shop where you want.
- You go out with family and friends.
- You have access to your personal spending money.
- You go to fun places close to your home.
- You have friends who live in your neighborhood.
- You are part of making your community better.

2) Individual Choice 🤗 🧐 🚯

- You decide where you live, who you want to provide your supports, and who lives with you.
- If you pick a different agency to provide your supports, you don't have to move from your home.
- You rent or buy a home that you can afford and still have money left over for bills and other things that you need.
- You have the right to privacy in your home, such as locking your bathroom door or talking on the phone.

3) Individual Rights 🤗 🧖 🚯

- You can talk with your friends/family privately.
- You can do things you like at your home, such as watching TV or listening to the radio.

4) Autonomy 🥎 🥎

- Making choices about how you spend your free time.
- Doing your laundry and other household activities at times you choose.

5) Choice Regarding Services and Providers 🤗 🤗 🤧

- Choosing the services you get.
- Choosing who provides those services.

6) Person Centered Planning 🤗 🧐 🚱

- This process should include people that you choose.
- The plan needs to be accessible to you and in language that you understand.
- The process should occur at times and locations convenient to you.